

Tips for Giving Medication through the Nose

Before administering...

- Wash your hands.
- If the person taking the medication has nasal congestion or secretions, ask them to blow and clear their nose.
- Check the label on the syringe to make sure you are giving the right medication and dose at the right time, as prescribed.

When administering...

- Attach the atomizer to the syringe.
- Tilt the person's head back slightly, or have them lie flat.
- Place the tip of the atomizer into a nostril and quickly depress the plunger.
- Remind the patient not to pinch the other nostril and not to inhale while the medication is being given.

After administering...

- Use the syringe to flush the atomizer with running water and dry it by drawing up air and pushing it out a couple of times.
- Discard the syringe in a sharps container.
- Document the medication in your medication tracking journal.